

Yogurt-Dipped Peach Snack Bar

Nutritious and delicious. This anytime snack bar provides 10% Daily Value for protein (5g protein). The addition of whey-containing crisps also provides an enjoyable crunchy texture. This bar is also partially dipped in yogurt, adding a delicious flavor. This snack bar is a convenient way to add whey protein to the diets of on-the-go consumers.



Market Insights:

- Adults are trying to eat healthier foods and nearly everyone reports having a snack each day
- Diets higher in protein have been shown to help curb appetite. Foods and beverages made with whey protein can help increase protein in the diet

Benefits of Using Dairy Ingredients:

Yogurt coating:

- Yogurt adds a delicious flavor
- Yogurt powders can provide important nutrients found in milk, including protein (check product specifications for details)

Whey crisps:

- Provide additional high-quality protein in a delicious, crunchy texture
- Versatility with tailored sizes, colors and flavors

Whey protein isolate:

- Boosts protein content in the food and is easily digested and absorbed by the body
- Neutral taste well-suited for fruit-flavored snacks

Nutrition Facts Serving Size 1 Bar (35g) Servings Per Container Amount Per Serving Calories 130 Calories from Fat 20

Calories 130		Calories from Fat 20		
		% D	aily Value*	
Total Fat 2.		4%		
Saturated	g	8%		
Trans Fat 0g				
Cholesterol		0%		
Sodium 50mg			2%	
Potassium 105mg			3%	
Total Carbohydrate 23g			8%	
Dietary Fi		8%		
Sugars 12	<u>2g</u>			
Protein 5g		10%		
Vitamin A 2% •		Vitamin (C 2%	
Calcium 2%	•	Iron 4%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500				
Total Fat Saturated Fat Cholesterol Sodium Polassium Total Carbohydra Dietary Fiber Protein	Less than Less than Less than Less than	20g 300mg	80g 25g 300 mg 2,400mg 3,500 mg 375g 30g 65g	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:	Usage Levels (%)
Low-Fat Granola Cereal w/o Raisins	24.22
Dried Peaches & Nectarines DFA	21.45
Yogurt Coating	14.96
Clarif High Maltose RiceSyrup DE42 CNP	13.82
Whey Crisp 50%	12.57
Whey Protein Isolate	3.50
Sucanat Evaporated Cane Juice	2.67
Nutriose FM06	1.90
Dry Roasted Whole Almonds	1.85
Tap Water	1.48
Honey	0.74
Cinnamon-ground	0.33
Peach Flavor 105.18762 Bell Flavors	0.33
Table Salt	0.11
Bourbon Vanilla Extract 2X	0.07
Total	100.00%

Preparation:

- Combine granola cereal, peaches, almonds, whey crisp, cinnamon and whey protein isolate and set aside.
- Combine remaining ingredients except vanilla, peach flavor and yogurt coating and heat syrup to 190°F.
- 3. Add vanilla and peach flavor.
- Combine cooked syrups and dried ingredients and mix until dried ingredients are coated uniformly.
- 5. Compress into a sheet and cool. Cut to desired size. 1 1/4" x 1 1/4" x 3/4".
- Half coat squares in yogurt coating and allow to cool.

Want to meet consumer demand for healthier, convenient products? Call Dairy Management Inc. (DMI) at 1-800-248-8829 for information on consumer and product research, formulation and prototype assistance, and other services to help you develop and launch your next successful product. For additional sample formulations and the latest on dairy ingredients, visit www.lnnovateWithDairy.com.

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