Lemon Cupcakes with Cream Cheese Icing



Nutrition Content per 100 g

Calories	380 kcal	
Total Fat	18 g	
Saturated Fat	8 g	
Trans Fat	3 g	
Cholesterol	80 mg	
Total Carbohydrates	51 g	
Dietary Fiber	0 g	
Sugars	36 g	
Protein	5 g	
Calcium	61 mg	
Magnesium	10 mg	
Phosphorus	73 mg	
Potassium	90 mg	
Sodium	220 mg	
Iron	2 mg	
Vitamin A	368 IU	
Vitamin C	3 mg	

Ingredients	Grams	Baker's %	% Weight
Lemon Cupcake Recipe			100.00
Sugar	604	119.82	28.28
Flour, cake	504	100.00	23.70
Water (1)	204	40.54	9.57
Shortening	200	39.64	9.36
Water, 15°C (60°F) (2)	175	34.68	8.19
Butter	123	24.32	5.74
Egg, yolk	116	22.97	5.42
Lemon juice	100	19.82	4.68
Skimmed milk powder	50	9.91	2.34
Whey protein concentrate, 80% protein (WPC 80)	31	6.13	1.45
Salt	9	1.80	0.43
Lemon extract	9	1.80	0.43
Vanilla, bourbon Madagascar	9	1.80	0.43
BLOV*	2	0.45	0.11
Lemon Cream Cheese Icing Re	ecipe		100.00
Cheese, cream	284	n/a	41.95
Sugar, fondant or drivert	257	n/a	37.92
Butter	57	n/a	8.39
Glucose	57	n/a	8.39
Whey protein concentrate, 34% protein (WPC 34)	14	n/a	2.01
Lemon peel	9	n/a	1.34

^{*} BLOV is Butter, Lemon, Orange & Vanilla powdered flavoring from International Bakers Services. Orange and Vanilla extract can be substituted in its place by doubling the amount.

Procedure for Cupcakes

- 1. In a bowl of a mixer fitted with a paddle attachment, whip together shortening, WPC 80, flour, butter, sugar, salt, BLOV, skimmed milk powder and lemon extract on low, then medium, then high speed until light and fluffy.
- Add water (2); whip first on low then medium speed for 5 minutes. Scrape down sides and bottom of bowl every one minute. (Stop timing during the scraping process).
- 3. Using a hand whisk or immersion blender, mix together the water (1), vanilla, egg yolks and lemon juice.



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Procedure for Cupcakes (con't)

- 4. Add egg mixture to the batter in three portions, scraping between each addition. Blend until smooth. (Do not overmix).
- 5. Using a portion scoop, fill prepared cupcake pans slightly more than half full.
- 6. Place in preheated oven. Bake at 163°C (325°F) oven for 5 minutes, then reduce heat to 148°C (300°F).
- 7. Bake until tester comes out clean.
- 8. Remove from cupcake molds, cool on wire rack.
- 9. Ice cupcakes when cool with Lemon Cream Cheese Icing

Procedure for Icing

- Place cream cheese, butter and glucose in a bowl of a mixer fitted with a paddle attachment, whip until light and fluffy
- 2. Place WPC 34, sugar and lemon peel in the bowl, and mix until light and fluffy.
- 3. Place in a pastry bag fitted with a French star tip, pipe onto cupcakes in a spiral design starting from the outside edge working inward.

