

Chocolate Chip Cookies



Nutrition Content per 100 g

Calories	480 kcal
Total Fat	23 g
Saturated Fat	7 g
Trans Fat	6 g
Cholesterol	5 mg
Total Carbohydrates	64 g
Dietary Fiber	2 g
Sugars	38 g
Protein	5 g
Calcium	35 mg
Magnesium	23 mg
Phosphorus	62 mg
Potassium	115 mg
Sodium	260 mg
Iron	1 mg
Vitamin A	3 IU
Vitamin C	0 mg

Ingredients	% Weight
Flour, pastry	27.37
Sugar	22.99
Shortening	15.75
Chocolate chips	16.00
Water	7.61
Sugar, brown	4.85
Whey protein concentrate, 80% protein (WPC 80)	2.54
Emulsifier	1.76
Salt	0.40
Vanilla	0.34
Baking soda	0.31

Procedure

1. Mix shortening with emulsifier. Add sugars, WPC 80, baking soda, salt and vanilla and mix.
2. Mix in flour and chocolate chips
3. Drop 30 g (1 oz) pieces of dough on belt or trays.
4. Bake at 177°C (350°F) for approximately 13 minutes