## Semi-Sweet Chocolate Chip Cookies



Nutrition Content per 100 g

| Calories | 480 kcal |
| :--- | ---: |
| Total Fat | 24 g |
| Saturated Fat | 11 g |
| Trans Fat | 2 g |
| Cholesterol | 25 mg |
| Total Carbohydrates | 63 g |
| Dietary Fiber | 2 g |
| Sugars | 34 g |
| Protein | 6 g |
| Calcium | 41 mg |
| Magnesium | 25 mg |
| Phosphorus | 70 mg |
| Potassium | 130 mg |
| Sodium | 510 mg |
| Iron | 1 mg |
| Vitamin A | 667 IU |
| Vitamin C | 0 mg |


| Ingredients | \% Weight |
| :--- | ---: |
| Flour, pastry | 29.00 |
| Butter: margarine <br> (50:50 blend) | 20.60 |
| Chocolate chips, semi-sweet | 16.57 |
| Sugar, granulated | 13.58 |
| Sugar, brown | 9.96 |
| Water | 6.79 |
| Whey protein concentrate, <br> 80\% protein (WPC 80) | 2.28 |
| Salt | 0.52 |
| Bicarbonate of soda | 0.41 |
| Vanilla | 0.29 |

## Procedure

1. Allow butter/margarine blend to come to room temperature.
2. Mix together flour and bicarbonate of soda in a large bowl. Set aside.
3. Cream butter/margarine together with granulated sugar, brown sugar and salt by beating at medium speed for 4 minutes.
4. Beat in WPC 80 , water and vanilla at medium speed for 2 minutes.
5. Add flour mixture and mix on medium speed for 2 minutes.
6. Fold in chocolate chips and mix on low just until incorporated.
7. Bake in $177^{\circ} \mathrm{C}\left(350^{\circ} \mathrm{F}\right)$ oven for approximately 10 minutes, or until golden brown.
