## Pasteurized Processed American Cheese Food



## Nutrition Content per 100 g

Calories	280 kcal
Total Fat	18 g
Saturated Fat	12 g
Trans Fat	0 g
Cholesterol	55 mg
Total Carbohydrates	12 g
Dietary Fiber	0 g
Sugars	6 g
Protein	16 g
Calcium	619 mg
Magnesium	15 mg
Phosphorus	246 mg
Potassium	1910 mg
Sodium	400 mg
Iron	0 mg
Vitamin A	585 IU
Vitamin C	1 mg

Ingredients	% Weight
Cheddar cheese	65.85
Water	19.50
Skimmed milk powder	5.00
Sweet whey powder	4.00
Sodium citrate	2.40
Cream, sweet	2.00
Disodium phosphate	0.50
Salt	0.50
Sorbic acid	0.19
Color	0.06

## **Procedure**

- 1. Grade, clean and pass cheese through a grinder to an approximate diameter of 25 mm (1").
- 2. Blend the ground cheese with color, sorbic acid and cream in an industrial mixer until uniform.
- 3. Add 1/3 of the water to the blender and mix until uniform.
- 4. Prepare a slurry of sweet whey powder and skimmed milk powder with 1/3 water.
- 5. Transfer the uniform cheese blend to a heating vessel and while agitating add phosphate and citrate emulsifiers and salt as the blend is being heated.
- 6. When the blend is about 60°C (140°F), slowly add the remaining water and the whey/skimmed milk powder slurry. Continue agitation.
- 7. Heat sufficiently to about 82°C (180°F) to ensure pasteurization.
- 8. Pour molten cheese food into a form. Cover. Seal. Cool.
- 9. Keep refrigerated during transfer, storage and distribution.