

Refrigerated Pasta



Nutrition Content per 100 g

Calories	250 kcal
Total Fat	1 g
Saturated Fat	0 g
Trans Fat	0 g
Cholesterol	0 mg
Total Carbohydrates	50 g
Dietary Fiber	3 g
Sugars	1 g
Protein	10 g
Calcium	23 mg
Magnesium	34 mg
Phosphorus	96 mg
Potassium	135 mg
Sodium	0 mg
Iron	1 mg
Vitamin A	2 IU
Vitamin C	0 mg

Ingredients	% Weight
Durum semolina	68.32
Water	30.31
Whey protein concentrate, 80 % protein (WPC 80)	1.37

Procedure

1. Mix WPC 80 and semolina together in a mixer bowl.
2. Add water and mix for 3 minutes on low speed.
3. Allow to rest at room temperature for 15 minutes.
4. Put through a pasta machine to sheet and cut.
5. Cook in boiling water until tender. Store remaining in refrigerator.