

Reduced-Fat Processed Cheese Sauce



Nutrition Content per 100 g

Calories	180 kcal
Total Fat	13 g
Saturated Fat	9 g
Trans Fat	0 g
Cholesterol	45 mg
Total Carbohydrates	5 g
Dietary Fiber	0 g
Sugars	2 g
Protein	15 g
Calcium	63 mg
Magnesium	5 mg
Phosphorus	49 mg
Potassium	105 mg
Sodium	970 mg
Iron	0 mg
Vitamin A	102 IU
Vitamin C	0 mg

Ingredients	% Weight
Cheese, cheddar, 100 day	39.72
Low-fat milk (1.0%)	24.81
Skimmed milk	24.81
Whey protein concentrate, 50% protein (WPC 50)	7.88
Salt	1.50
Carrageenan	0.70
Flavor, cheddar-type	0.50
Annatto	0.08

Procedure

1. Add cheddar cheese to Blentech apparatus.
2. Add all dry ingredients and blend until well mixed.
3. Add milk to mixer.
4. Agitate continuously while heating, until temperature reaches 85°C (185°F).
5. Hold at this temperature for 5 minutes, to insure pasteurization.
6. Fill containers and cool.
7. Store at refrigeration temperatures.