Reduced-Fat French Salad Dressing



Nutrition Content per 100 g

| Calories | 180 kcal |
|---------------------|----------|
| Total Fat | 13 g |
| Saturated Fat | 9 g |
| Trans Fat | 0 g |
| Cholesterol | 45 mg |
| Total Carbohydrates | 5 g |
| Dietary Fiber | 0 g |
| Sugars | 2 g |
| Protein | 15 g |
| Calcium | 63 mg |
| Magnesium | 5 mg |
| Phosphorus | 49 mg |
| Potassium | 105 mg |
| Sodium | 970 mg |
| Iron | 0 mg |
| Vitamin A | 102 IU |
| Vitamin C | 0 mg |
| | |

| Ingredients | % Weight |
|---------------------------|----------|
| Water | 14.50 |
| Tomato puree | 10.00 |
| Seasoning Dry Blend | |
| Vinegar | 22.50 |
| Sugar | 19.93 |
| Salt | 1.30 |
| Mustard, ground | 0.30 |
| Xanthan gum | 0.30 |
| Propylene glycol alginate | 0.10 |
| Paprika | 0.05 |
| Oregano | 0.02 |

WPC Solution

| Oil, vegetable | 20.00 |
|--|-------|
| Water | 7.50 |
| Whey protein concentrate, 80% protein (WPC 80) | 3.50 |

Procedure

- 1. Mix tomato puree and water at medium speed.
- 2. Add seasoning dry blend ingredients, except vinegar, and mix.
- 3. Add vinegar and mix.
- 4. Add WPC 80 solution and mix.
- 5. Slowly add vegetable oil at an increased mixing speed.
- 6. Deaerate using 750 mm vacuum.